



110th Anzac-Day-Speech-for-Nursing-Homes-Honouring-Courage-Unity-and-Community

Ladies and gentlemen, residents, and honoured guests,

This morning, we are gathered on [Gadigal] Country, and we respectfully acknowledge and pay our respects to their Elders past, present, and emerging.

I also extend my deepest respect to the Aboriginal and Torres Strait Islander men and women who have contributed to the defence of Australia, both in times of peace and in times of war. I would also like to acknowledge all current and former members of the Australian Defence Force here with us today, as well as the families of Defence personnel.

Thank you for your service and sacrifice, and thank you to the families for all the contributions and support you provide to your loved ones.

Today, we come together in this nursing home to honour and remember a very important day – Anzac Day. It is a day when we reflect on the bravery and sacrifice of those who have served our country, and we pay our respects to their courage.

Anzac Day is a time to reflect on the heroes who wore their uniforms and travelled far from their homes to keep us safe. They faced immense challenges, dangers, and endured hardships beyond measure. Many of them made the ultimate sacrifice so that we, the people they left behind, could live in peace and freedom.

One of the most famous stories tied to Anzac Day is the battle that occurred long ago, at a place called Gallipoli. The Australian and New Zealand soldiers – the Anzacs – fought together in this intense battle, and even though they faced seemingly insurmountable odds, they never gave up. This courage, determination, and perseverance became the essence of what we now call the Anzac spirit, and it continues to inspire us all.

Anzac Day is more than just about remembering battles. It is about recognising the Anzac spirit, which embodies the qualities of courage, mateship, and looking out for one another. These qualities are not just a part of our history, but they are lessons that we can carry with us in our lives, today and every day.

As we gather here today, we also remember the families and loved ones of our service men and women. While their loved ones were far away, in dangerous places, these families waited, worried, and made sacrifices of their own. Anzac Day is also a time to thank them for their strength, resilience, and the support they provided to our heroes.

Here, in our nursing home community, we can still show the Anzac spirit in many ways. We can be kind to each other, we can support one another, and we can create a warm, caring, and inclusive environment, just as our soldiers, sailors, and airmen did.

We might not be in a battlefield, but we are part of a community that shares the same sense of courage, compassion, and support that our service men and women embodied during their time in service.

Now, let us take a moment to reflect on the sacrifices made by our service men and women, those who are still serving, and those who are no longer with us. As we remember them, we do so with gratitude and deep respect for the courage and sacrifices they made for our freedom.

In conclusion, as we mark this 110th Anzac Day, let us remember that the spirit of courage, unity, and sacrifice that our soldiers, sailors, and airmen displayed is still alive in each of us, in the way we care for one another, and in the values we uphold.

Let's honour their memory by living each day with kindness, compassion, and a deep sense of community. Let us continue to support one another, remembering that, just as the Anzacs stood strong together, so too can we.

Lest we forget.